

COME AND LEARN JUDO AT MANORCROFT



YRS 1-3 TUESDAY BEFORE SCHOOL 7.50 - 8.35AM

YRS 4-6 FRIDAY BEFORE SCHOOL 7.50 - 8.35AM

**GB ATHELETE COACHES TEACHING TO THE HIGHEST LEVEL
BE COACHED BY A STAR JUDOKA!**

JUDO FACTS

The judo moral code consists of 8 virtues including Honour, Humility, Courage, Friendship, Politeness, Self control, Modesty and Respect.

Judo is an Olympic sport, watch team GB in LA 2028 and beyond.
Core Judo Academy is one of the top judo clubs in the UK



**SIGN UP TO YOUR SCHOOL CLASS NOW
FOLLOW THE QR CODE FOR ALL THE
CORE JUDO SCHOOL JUDO CLASSES**

