

# COME AND LEARN JUDO AT MANORCROFT



KEY STAGE 1 & 2 (YEARS 1-6) JUDO ON TUESDAY,  
BEFORE SCHOOL: 07:50 - 08:35

GB ATHELETE COACHES TEACHING TO THE HIGHEST LEVEL  
BE COACHED BY A STAR JUDOKA!

## JUDO FACTS

The judo moral code consists of 8 virtues including Honour, Humility, Courage, Friendship, Politeness, Self control, Modesty and Respect.

Judo is an Olympic sport, watch team GB in LA 2028 and beyond.  
Core Judo Academy is one of the top judo clubs in the UK



SIGN UP TO YOUR SCHOOL CLASS NOW  
FOLLOW THE QR CODE FOR ALL THE  
CORE JUDO SCHOOL JUDO CLASSES

