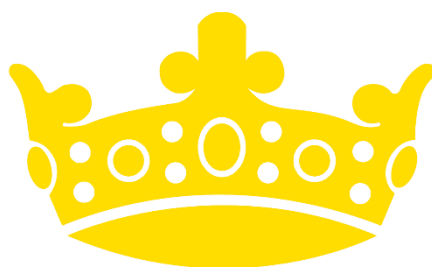


# Manorcroft Primary School



## Sun Safety Procedures



## Sun Safety Procedures

### Hot Weather:

In hot weather the following suggestions will be applied as appropriate:

- All children to bring a named water bottle to school daily - parents/carers to be reminded.
- All children to wear an appropriate hat/cap when outside (ideally with a wide brim) - parents/carers to be reminded.
- All children encouraged to apply long lasting, high factor sun cream before the start of the school day - parents/carers to be reminded. Spare sun cream will be kept in the school office for those children/parents who have forgotten to apply it.
- Where possible, all doors and windows should be opened to provide a through breeze and classroom blinds should be drawn.
- Children should be encouraged to drink plenty of water and suitable breaks need to be provided throughout the day to facilitate this.
- Break times and lunchtimes to be monitored carefully - children to be brought into the building early so that they avoid being outside for too long in the heat of the day.
- When outside, children to be encouraged to rest in the shade as much as possible.
- PE lessons should be carefully planned to avoid undue or lengthy sun exposure, unnecessary exertion and dehydration. If necessary, PE lessons should not last for more than 20-30 minutes, after which the children should be brought indoors and given time to rest and drink water.
- Children with asthma, breathing difficulties or other relevant health conditions should avoid excessive physical exertion. Staff must be aware of children in their class who have a low tolerance to hot/humid conditions.

### Extreme Heat:

In extreme heat, the following additional suggestions may be applied:

- All children will be asked to wear cooler clothes to school, eg. PE Kit.
- Staff will make a judgement as to the temperature of the classroom and make internal arrangements to teach in cooler areas where possible.
- Temporary water stations will be set up around the school site to make it easier for children to refill their water bottles.
- All non-essential lights and electrical equipment to be turned off as they generate heat.
- Consider cancelling or postponing any additional curriculum activities that are due to be held outside, eg. Sports Morning.

### Heatstroke:

- In rare cases extreme heat or sun exposure can cause heatstroke. Symptoms to look out for include:
  - Headache
  - Cramp in arms, legs or stomach
  - Feeling of mild confusion or dizziness
  - Fast breathing or pulse
- If anyone has these symptoms they should rest for several hours, keep cool and drink water or fruit juice.
- If symptoms get worse or do not go away, medical advice should be sought. NHS Direct is available on 111.

### Sun Awareness:

- Sun awareness to be discussed and promoted with the children through assemblies and PSHE lessons.



**Procedures Agreed:** June 2025  
**Review Date:** Summer Term 2028

*We have carefully considered and analysed the impact of this policy on equality and the possible implications for pupils with protected characteristics, as part of our commitment to meet the Public Sector Equality Duty (PSED) requirement to have due regard to the need to eliminate discrimination, advance equality of opportunity and foster good relations.*