

PE Long Term Overview 2022-23

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
YR	AS - PE assessment for Baseline <ul style="list-style-type: none"> • running • jumping • balancing 	AS - Reception Gym Unit A T - to teach within class time	AS - Dance iMoves (Animals) T - to teach within class time	AS - Games Unit 3 - Hoops & Quoits T - to teach within class time	AS - Games Unit 2 - Ball Skills T - to teach within class time	AS - Athletics - Sports Day Practice T - to teach within class time
Y1	AS - Gym Unit D - Flight Bouncing, jumping and landing T - Balance Bikes	AS - Parachute Games T - Games Unit 1 - Ball skills & games	AS - Gym Unit F - Rocking & Rolling T - Games Unit 2 - Throwing & catching	AS - Dance iMoves (Space & Circus) T - Games Unit 3 - Bat & ball skills	AS - Athletics - running, jumping and throwing T - Tri-Golf	AS - Foot Rounders/Easy Rounders T - Athletics - Sports Day Practice
Y2	AS - Games Unit 1 - Throwing & catching T - Games Unit 2 - Making up games with a partner	AS - Tri-Golf T - Dance iMoves (Countries)	AS - Games Unit 3 - Dribbling, kicking & hitting T - Gym Unit J - Turning & spinning	AS - Parachute games T - Gym Unit K - Linking & Turning	AS - Athletics - running, jumping and throwing T - Swimming	AS - Athletics - Sports Day Practice T - Swimming
Y3	AS - Gym Unit L - Stretching, curling & arching T - Tri-Golf	AS - Dance iMoves (Strictly iMoves) T - Games Unit 1 - Ball skills	AS - Gym Unit M - Symmetry & Asymmetry T - Tag Rugby	AS - Archery T - Games Unit 3 - Net/court/wall games	AS - Athletics - running, jumping and throwing T - Fitness/Circuits	AS - Cricket - striking games T - Athletics - Sports Day Practice
Y4	AS - Gym Unit R - Balance T - Games Unit 3 - Invasion games	AS - Tri-Golf T - Tag Rugby	AS - Gym Unit S - Rolling T - Swimming	AS - Archery T - Swimming	AS - Fitness/Circuits T - Athletics - running, jumping and throwing	AS - Tennis - striking games T - Dance unit iMoves (Flamenco & Disco)
Y5	AS - Games - Football T - Fitness & Circuits	AS - Dance iMoves (Bollywood & Cheerdance) T - Games Unit 2 - Invasion & target games	AS - Gym Unit W - Spin & turn T - Tri-golf	AS - Archery T - Games Unit 4 - Striking & Fielding Games	AS - Gym Unit U - Flight T - Athletics - running, jumping and throwing	AS - Cricket - striking games T - Athletics - Sports Day Practice
Y6	AS - Games - Football T - Swimming	AS - Archery T - Swimming	AS - Games Unit 1 Hockey T - Games Unit 2 - Net, court & wall games	AS - Cross Country Athletics T - Gym Unit A	AS - Tri-Golf T - Athletics - running, jumping and throwing	AS - Cricket - striking games T - Dance iMoves (Hip Hop)

AS - Taught by Active Soccer

T - Taught by Class Teacher