

# JUNE OUTDOORS

To obtain the full activity pack head to [www.loveoutdoorlearning.com/free-resources](http://www.loveoutdoorlearning.com/free-resources)

<b>International Children's Day</b> Being a kid is about exploring, can you find a tree to climb? Don't go too high!	<b>Pride Month</b> Do you know the colours in the Pride flag? Try out Pride Scavenger hunt and learn more	<b>Children's Gardening Week</b> Have you planted a sunflower yet? There is still time!	<b>Butterfly Education Day</b> Sit in an outdoor spot and count how many butterflies you spot	<b>World Environment Day</b> Take a walk and explore your natural environment	<b>Garden Wildlife Week</b> Leave some water out in the garden and see what it attracts!	<b>Growing Food for Wellbeing Week</b> Can you pick up some salad seeds and grow them? Cress grows in days!
<b>World Ocean Day</b> Join us as we measure how big some of our sea creatures are. Info in pack	<b>Child Safety Week</b> Head the the woods and see how many potential hazards you can spot	<b>Read</b> Can you find out some facts about butterflies? Share them with us!	<b>GB Spring Clean</b> Can you do a litter pick? Remember to be careful and wear gloves	<b>i-spy</b> Can you recall birds and animals to play i-spy?	<b>Kim's Game</b> Use our butterfly pics in the pack to play Kim's Game	<b>Mindfulness</b> Take time to work through your senses and see what you notice when outdoors
<b>Den</b> Can you build a den for a fairy to live in? Remember and leave space for their wings!	<b>Long Seat</b> It is amazing what we see when we just sit quietly and watch. Take a long seat.	<b>Wild Card Day</b> Get outdoors and do whatever you want today, the only rule is to stay safe!	<b>International Picnic Day</b> Can you eat outdoors today? Lunch or even just a snack are fun	<b>Art</b> Think about symmetry and use natural materials to make a butterfly outdoors	<b>School Sports Week</b> Check out our suggestions for a tournament at home or school	<b>World Music Day</b> Check out our pack to find out how to make a natural shaker using recycled materials
<b>Adventure</b> Go on an adventure today, can you be a pirate? Fairy? Explorer?	<b>Women in Engineering Day</b> Sarah Guppy was one of the UK's first female engineers. Make a bridge like she did!	<b>National Writing Day</b> Let nature inspire you, take a notepad out and write what feels right	<b>Wellbeing Week</b> Time for yourself is a huge part of wellbeing. Do something you enjoy!	<b>Play</b> Create a game to play with friends or have an adult teach you one they played	<b>Write and Reflect</b> What do you love about being outdoors? Why do you love it?	<b>Sunglasses Day</b> Check our pack to find out how to measure the distance between the sun and planets
<b>Children's Art Week</b> Create some art outdoors that represents you!	<b>Wild Card Day</b> Get outdoors and do whatever you want today, the only rule is to stay safe!	<b>Walk</b> Imagine you were a butterfly, where would you visit? Go there!				



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and share your  
adventures  
with us!

# Pride Colour Search

Life

Healing

Sunlight

Nature

Magic/  
Serenity

Spirit



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# World Ocean Day

It can be hard to imagine just how big some of our ocean animals are, so head outdoors and measure them to get an idea.

## Kit List

Animal List

Chalk

Measuring Tape

## Instructions

Mark a line on the ground to show the starting point and measure these animals. You can even ask the children to guess the lengths before you measure!

Blue Whale - 33m

Sperm Whale - 24m

Basking Shark - 12.27m

Giant Octopus (tentacle spread) - 9.8m

Giant Squid - 12m

Great White Shark - 7m

Southern Elephant Seal - 6.85m

Walrus - 3.8m

Leatherback Turtle - 2.13m

Human - 1.7m

Giant Clam - 1.37m

Clownfish (Nemo) - 0.11m



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# Outdoor Hazards

We want children to develop a sense of responsibility and ownership, yet how often do we afford opportunities for this? One way to do this regularly is to allow them to assess the playground/outdoor area you will be working in, identify any hazards or dangers and share them as a group.

## Activity

Take the children outside and form a circle. Ask them what hazards might be outside that they need to be aware of and what they can do to mitigate that risk. Make a note of each hazard as this will form the basis of your risk assessment. It is worth doing this outside as the children can look for the risks.

This list should include, but is not restricted to:

- Sharp/ prickly plants or other materials
- Anything poisonous, leaves, fungi, berries
- Branches, low or fallen
- Uneven or slippery ground
- Insects, stings and bites
- General public
- Roads
- Dangerous litter, broken glass or needles etc
- Weather, sun, wind and rain can all play a part
- Water, rives, burns, canals, lochs etc
- Canopy, overhanging or dead branches

Once you have your list teach the children to assess the site or playground every time you go out.



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# Kim's Game - Butterflies

We have selected some of the more common butterflies you can spot in the UK. The UK has 59 species of butterfly so we couldn't choose them all!



**Red Admiral**



**Common Blue**



**Brimstone**



**Painted Lady**



**Speckled Wood**



**Comma**



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# School Sports Games

Reminisce and see who can win with some of these well loved school sports games



**Egg and Sppon Race**



**Welly Wang**



**3 Legged Race**



**Limbo**



**Sack race**



**Tug o' War**



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# Make A Natural Shaker

This is a really simple activity which all ages can enjoy!

## Kit

Bottle

small finds that will fit in the top of the bottle

## Activity

Wash out an old bottle or three

Head out a walk and find small items to pop in it. You can use small stones, pinecones, flowers, twigs, whatever you find

Pop it into the bottle and tightly screw the lid on

Shake and enjoy

Experiment and see what different sounds can be using different materials



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# Measure the Distance in Space

Understanding the distance in space can be hard as it is so vast. Use this to help children understand it.

## Kit

String

Measuring Tape

## Activity

Start by placing an object down to represent the sun. Everything you measure will be from this point.

Measure out the distance to each planet and mark it, you can use a cone or a child who will stand in place.

What do the other children notice: Are all the planets equally spaced? Are the planets further from the Sun closer together or further apart? Why do they think this is? If it takes around 7 hours to travel from Earth to the Moon, how long do they think it would take to get to Mars, Jupiter or even Pluto?

Planet	Distance from the Sun (KM)	Distance CM
Mercury	57,000,000	5.7
Venus	108,000,000	10.8
Earth	150,000,000	15
Mars	228,000,000	22.8
Jupital	780,000,000	78
Saturn	1,430,000,000	143
Uranus	2,880,000,000	288
Neptune	4,500,000,000	450
Pluto	5,910,000,000	591



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# Do you enjoy our packs and ideas? Then read on...

## Are You An Educator

Our Membership Portal supports all your learning and planning needs. With over 130 lessons covering all curricular subjects, there is plenty to inspire you and support you in outdoor learning.

The lessons are adaptable for children from 3 to 12 years old. We even have curriculum plans to make planning really easy for you. We work with our schools and nurseries every month to support them in their outdoor journey.

We also offer high-quality training and pupil experience days. These are led by Carol, a fully qualified teacher and outdoor learning practitioner. These are always adapted to the school, and your needs and are as individual as you.

Please email us to find out more.

## Or A Parent

If you are looking for more ideas, we have a parents portal. This has over 130 ideas to help you get your family outdoors, having fun while supporting learning.

The activities are have been designed with the 3-12 curriculum in mind.

We also run a range of children and family sessions throughout the year across central Scotland.

We have our families Facebook group, which provides you with support and ideas and help you connect with other outdoor families!

To find out more or book an outdoor session check out our website or email us!

The planning and regular emails with the Members portal make my life so much easier. Carol and the team are always ahead of me in the diary so it is easy to include and if I have any questions I just email. Thank you for making my life easy!

Jenny (Teacher)

I love this! I am a primary teacher and a mum. The activities we've done have been the most fun and engaging learning we've done during lockdown. Logan loves being outside and working with natural resources. It's helped his imagination, counting, mark-making, creativity, motor skills and speech. I'd 100% recommend Love Outdoor Learning.

Lynne (Parent and Teacher)

The Love Outdoor Learning team are just amazing. My boys love them both and every activity is focused on their development as well as using nature. Absolutely fabulous.

Vikki (parent)



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